

# **LAMPIRAN**

### LAMPIRAN

#### Lampiran 1. Pembuatan Serbuk Simplisia Daun Pepaya Jepang

| No | Gambar  | Keterangan       |
|----|---|------------------|
| 1. |    | Pencucian        |
| 2. |   | Pengeringan      |
| 3. |  | penghalusan      |
| 4. |  | pengayakan       |
| 5. |  | Serbuk simplisia |

**Lampiran 2.** Perhitungan % Bobot Kering Terhadap Bobot Basah

Berat Daun Papaya Jepang Basah (a) : 100 gram

Berat Daun Papaya Jepang Kering (b) : 19,48 gram

$$\begin{aligned}\text{Presentase Bobot Kering} &= \frac{b}{a} \times 100\% \\ &= \frac{19,48 \text{ gram}}{100 \text{ gram}} \times 100\% \\ &= 19,48\%\end{aligned}$$

**Lampiran 3.** Proses Ekstraksi

| No | Gambar  | Keterangan              |
|----|---|-------------------------|
| 1. |    | Maserasi                |
| 2. |   | Penyaringan maserat     |
| 3. |  | Penguapan maserat       |
| 4. |  | Ekstrak Kental Maserasi |
| 5. |  | Perkolasi               |

---

6.



Penguapan perkolat

---

7.



Ekstrak kental perkolasii

---

**Lampiran 4.** Perhitungan rendemen ekstrak

## 1. Perhitungan berat ekstrak maserasi daun papaya jepang

Berat serbuk daun papaya jepang : 50 gram

Berat cawan porselin kosong : 75,76 gram

Berat cawan porselin + ekstrak : 80,33 gram

Berat ekstrak : 80,33 gram – 75,76 gram

: 4,57 gram

Perhitungan rendemen ekstrak maserasi daun papaya jepang

$$\text{Rendemen} = \frac{\text{berat ekstrak kental}}{\text{berat sampel}} \times 100\%$$

$$= \frac{4,57 \text{ gram}}{50 \text{ gram}} \times 100\%$$

$$= 9,14 \%$$

## 2. Perhitungan berat ekstrak perkolasasi daun papaya jepang

Berat serbuk daun papaya jepang : 50 gram

Berat cawan porselin kosong : 74,51 gram

Berat cawan porselin + ekstrak : 88,97 gram

Berat ekstrak : 88,97 gram – 74,51 gram

: 14,46 gram

Perhitungan rendemen ekstrak maserasi daun papaya jepang

$$\text{Rendemen} = \frac{\text{berat ekstrak kental}}{\text{berat sampel}} \times 100\%$$

$$= \frac{14,46 \text{ gram}}{50 \text{ gram}} \times 100\%$$

$$= 28,92 \%$$

### Lampiran 5. Perhitungan Rf Ekstrak Maserasi dan Perkolasi

#### 1. Ekstrak Maserasi

Jarak yang ditempuh sampel : 7,1

Jarak yang ditempuh pelarut : 8

$$\begin{aligned} R_f &= \frac{\text{jarak yang ditempuh sampel}}{\text{jarak yang ditempuh pelarut}} \\ &= \frac{7,1}{8} = 0,887 \end{aligned}$$

$$HR_f = \frac{7,1}{8} \times 100 = 88,75$$

#### 2. Ekstrak Perkolasi

Jarak yang ditempuh sampel : 7,1

Jarak yang ditempuh pelarut : 8

$$\begin{aligned} R_f &= \frac{\text{jarak yang ditempuh sampel}}{\text{jarak yang ditempuh pelarut}} \\ &= \frac{7,1}{8} = 0,887 \end{aligned}$$

$$HR_f = \frac{7,1}{8} \times 100 = 88,75$$

### **Lampiran 6. Pembuatan Larutan Uji**

1. Perhitungan pembuatan larutan DPPH 50 ppm

$$\text{DPPH } 50 \text{ ppm} = 50 \mu\text{g/ml} = 0,05 \text{ mg/ml}$$

$$\text{DPPH yang dibutuhkan} = 0,05 \text{ mg/ml} \times 100 \text{ ml} = 5 \text{ mg}$$

Metanol ad = 100 ml

2. Perhitungan larutan induk ekstrak maserasi dan perkolasasi 100 ppm

$$\text{Ekstrak } 100 \text{ ppm} = 100 \mu\text{g/ml} = 0,1 \text{ mg/ml}$$

$$\text{Ekstrak yang dibutuhkan} = 0,1 \text{ mg/ml} \times 100 \text{ ml} = 10 \text{ mg}$$

Metanol ad = 100 ml

3. Pembuatan larutan seri ekstrak maserasi dan perkolasasi 20 ppm, 40 ppm, 60 ppm, dan 80 ppm

$$20 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 20$$

$$V_1 = 200/100 = 2 \text{ ml}$$

Metanol ad 10 ml

$$40 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 40$$

$$V_1 = 400/100 = 4 \text{ ml}$$

Metanol ad 10 ml

$$60 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 60$$

$$V_1 = 600/100 = 6 \text{ ml}$$

Metanol ad 10 ml

$$80 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 80$$

$$V_1 = 800/100 = 8 \text{ ml}$$

Metanol ad 10 ml

4. Pembuatan larutan pembanding vitamin C 100 ppm

$$\text{Vitamin C 100 ppm} = 100 \mu\text{g/ml} = 0,1 \text{ mg/ml}$$

$$\text{Vitamin C yang dibutuhkan} = 0,1 \text{ mg/ml} \times 100 \text{ ml} = 10 \text{ mg}$$

$$\text{Aquadest ad} = 100 \text{ ml}$$

5. Pembuatan larutan seri vitamin C (20 ppm, 40 ppm, 60 ppm, dan 80 ppm)

$$20 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 20$$

$$V_1 = 200/100 = 2 \text{ ml}$$

Metanol ad 10 ml

$$40 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 40$$

$$V_1 = 400/100 = 4 \text{ ml}$$

Metanol ad 10 ml

$$60 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 60$$

$$V_1 = 600/100 = 6 \text{ ml}$$

Metanol ad 10 ml

$$80 \text{ ppm} \quad V_1 \times N_1 = V_2 \times N_2$$

$$V_1 \times 100 = 10 \times 80$$

$$V_1 = 800/100 = 8 \text{ ml}$$

Metanol ad 10 ml

### Lampiran 7. Perhitungan % Inhibisi

#### 1. Perhitungan % inhibisi ekstrak + DPPH

Maserasi

$$20 \text{ ppm} = \frac{(rata-rata larutan blanko)-(rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556-0,490}{0,556} \times 100\%$$

$$= 11,870\%$$

$$40 \text{ ppm} = \frac{(rata-rata larutan blanko)-(rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556-0,487}{0,556} \times 100\%$$

$$= 12,41\%$$

$$60 \text{ ppm} = \frac{(rata-rata larutan blanko)-(rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556-0,485}{0,556} \times 100\%$$

$$= 12,769\%$$

$$80 \text{ ppm} = \frac{(rata-rata larutan blanko)-(rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556-0,444}{0,556} \times 100\%$$

$$= 20,143\%$$

| Konsentrasi<br>(ppm) | Log Konsentrasi | % Inhibisi | Probit |
|----------------------|-----------------|------------|--------|
| 20                   | 1,3             | 11,75      | 3,77   |
| 40                   | 1,6             | 12,41      | 3,82   |
| 60                   | 1,7             | 12,76      | 3,82   |
| 80                   | 1,9             | 20,08      | 4,16   |

### Perkolasi

$$20 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556 - 0,440}{0,556} \times 100\%$$

$$= 20,683\%$$

$$40 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556 - 0,426}{0,556} \times 100\%$$

$$= 23,381\%$$

$$60 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556 - 0,332}{0,556} \times 100\%$$

$$= 40,287\%$$

$$80 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,556 - 0,330}{0,556} \times 100\%$$

$$= 40,647\%$$

| Konsentrasi<br>(ppm) | Log Konsentrasi | % Inhibisi | Probit |
|----------------------|-----------------|------------|--------|
| <b>20</b>            | 1,3             | 20,86      | 4,16   |
| <b>40</b>            | 1,6             | 23,26      | 4,26   |
| <b>60</b>            | 1,7             | 40,22      | 4,75   |
| <b>80</b>            | 1,9             | 40,64      | 4,75   |

## 2. Perhitungan % inhibisi vitamin C + DPPH

$$20 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,535 - 0,035}{0,535} \times 100\%$$

$$= 93,45\%$$

$$40 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,535 - 0,032}{0,535} \times 100\%$$

$$= 94,01\%$$

$$60 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,535 - 0,030}{0,535} \times 100\%$$

$$= 94,39\%$$

$$80 \text{ ppm} = \frac{(rata-rata larutan blanko) - (rata-rata larutan sampel)}{rata-rata larutan blanko} \times 100\%$$

$$= \frac{0,535 - 0,027}{0,535} \times 100\%$$

$$= 94,95\%$$

| Konsentrasi (ppm) | Log<br>Konsentrasi | % Inhibisi | Probit |
|-------------------|--------------------|------------|--------|
| <b>20</b>         | 1,3                | 93,45      | 6,48   |
| <b>40</b>         | 1,6                | 93,95      | 6,48   |
| <b>60</b>         | 1,7                | 94,39      | 6,55   |
| <b>80</b>         | 1,9                | 94,95      | 6,55   |

**Lampiran 8.** Perhitungan Nilai IC50

1. Ekstrak Maserasi + DPPH

$$\begin{aligned} \text{IC}_{50}(y) &= ax + b \\ 5 &= 0,5117x + 3,0502 \\ 0,5117x &= 5 - 3,0502 \\ x &= 1,9498/0,5117 \\ &= \text{antilog } 3,8104 \\ \text{IC}_{50} &= 45,17 \mu\text{g/ml} \end{aligned}$$

2. Ekstrak Perkolasi + DPPH

$$\begin{aligned} \text{IC}_{50}(y) &= ax + b \\ 5 &= 1,101x + 2,6676 \\ 1,101x &= 5 - 2,6676 \\ x &= 2,3324/1,101 \\ &= \text{antilog } 2,1184 \\ \text{IC}_{50} &= 8,31 \mu\text{g/ml} \end{aligned}$$

3. Vitamin C + DPPH

$$\begin{aligned} \text{IC}_{50}(y) &= ax + b \\ 5 &= 0,1332x + 6,2958 \\ 0,1332x &= 5 - 6,2958 \\ x &= -1,2958/0,1332 \\ &= \text{antilog } -9,7282 \\ \text{IC}_{50} &= 5,95 \mu\text{g/ml} \end{aligned}$$

**Lampiran 9.** Uji Aktivitas antioksidan

| No | Gambar  | Keterangan   |
|----|---|--|
| 1. |    | Larutan DPPH                                       |
| 2. |   | Larutan induk ekstrak maserasi daun papaya jepang  |
| 3. |  | Larutan induk ekstrak Perkolasi daun papaya jepang |
| 4. |  | Larutan pembanding Vitamin C                       |

| No | Gambar  | Keterangan   |
|----|---|--|
| 5. |    | Larutan seri ekstrak maserasi daun papaya jepang   |
| 6. |    | Larutan seri ekstrak perkolasai daun papaya jepang |
| 7. |   | Larutan seri vitamin C                             |
| 8. |  | Proses inkubasi                                    |

| No  | Gambar  | Keterangan                                       |
|-----|---|--|
| 9.  |    | Memasukkan larutan seri kedalam kuvet            |
| 10. |   | Memasukkan kuvet kedalam spektrofotometri UV-Vis |
| 11. |  | Mengukur absorbansi                              |

### Lampiran 10. Tabel Probit

#### F tabel

|                        |       | Tabel Persentase Distribusi F Untuk Probabilitas 0,05 → berat signifikansi<br>5% atau 0,05 |       |       |       |       |       |       |       |       |       |       |       |       |
|------------------------|-------|--|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
|                        |       | nilai df (n1)  |       |       |       |       |       |       |       |       |       |       |       |       |
| df untuk penyebut (n2) |       | df untuk pembilang (N1)  |       |       |       |       |       |       |       |       |       |       |       |       |
| 1                      | 2     | 3  | 4     | 5     | 6     | 7     | 8     | 9     | 10    | 11    | 12    | 13    | 14    | 15    |
| 1                      | 181   | 196  | 210   | 226   | 230   | 234   | 237   | 239   | 241   | 242   | 243   | 244   | 245   | 246   |
| 2                      | 10,51 | 18,00  | 19,16 | 19,25 | 19,30 | 19,33 | 19,35 | 19,37 | 19,38 | 19,40 | 19,40 | 19,41 | 19,42 | 19,43 |
| 3                      | 9,21  | 9,55   | 9,79  | 9,92  | 9,91  | 9,94  | 9,99  | 9,95  | 9,91  | 9,79  | 9,75  | 9,74  | 9,73  | 9,71  |
| 4                      | 7,71  | 8,94   | 8,59  | 8,38  | 8,29  | 8,16  | 8,09  | 8,04  | 8,00  | 5,98  | 5,94  | 5,91  | 5,88  | 5,86  |
| 5                      | 6,61  | 5,79   | 5,41  | 5,18  | 5,05  | 4,95  | 4,88  | 4,82  | 4,77  | 4,74  | 4,70  | 4,68  | 4,65  | 4,64  |
| 6                      | 5,99  | 5,14   | 4,70  | 4,53  | 4,39  | 4,28  | 4,21  | 4,15  | 4,10  | 4,06  | 4,03  | 4,00  | 3,96  | 3,94  |
| 7                      | 5,59  | 4,74   | 4,35  | 4,12  | 3,87  | 3,87  | 3,79  | 3,73  | 3,68  | 3,64  | 3,60  | 3,57  | 3,55  | 3,51  |
| 8                      | 5,32  | 4,48   | 4,07  | 3,64  | 3,69  | 3,58  | 3,50  | 3,44  | 3,39  | 3,35  | 3,31  | 3,28  | 3,26  | 3,24  |
| 9                      | 5,12  | 4,28   | 3,89  | 3,63  | 3,48  | 3,37  | 3,29  | 3,23  | 3,18  | 3,14  | 3,10  | 3,07  | 3,05  | 3,01  |
| 10                     | 4,96  | 4,10   | 3,71  | 3,48  | 3,33  | 3,22  | 3,14  | 3,07  | 3,02  | 2,96  | 2,94  | 2,91  | 2,89  | 2,85  |
| 11                     | 4,84  | 3,98   | 3,59  | 3,38  | 3,20  | 3,09  | 3,01  | 2,95  | 2,90  | 2,85  | 2,82  | 2,79  | 2,76  | 2,74  |
| 12                     | 4,75  | 3,89   | 3,49  | 3,28  | 3,11  | 3,00  | 2,91  | 2,85  | 2,80  | 2,75  | 2,72  | 2,69  | 2,66  | 2,62  |
| 13                     | 4,67  | 3,81   | 3,41  | 3,18  | 3,03  | 2,82  | 2,83  | 2,77  | 2,71  | 2,67  | 2,63  | 2,60  | 2,58  | 2,55  |
| 14                     | 4,60  | 3,74   | 3,34  | 3,11  | 2,95  | 2,85  | 2,78  | 2,70  | 2,65  | 2,60  | 2,57  | 2,53  | 2,51  | 2,48  |
| 15                     | 4,54  | 3,68   | 3,29  | 3,08  | 2,90  | 2,79  | 2,71  | 2,64  | 2,58  | 2,54  | 2,51  | 2,48  | 2,45  | 2,42  |
| 16                     | 4,49  | 3,63   | 3,24  | 3,01  | 2,85  | 2,74  | 2,66  | 2,59  | 2,54  | 2,49  | 2,46  | 2,42  | 2,40  | 2,37  |
| 17                     | 4,46  | 3,59   | 3,20  | 2,98  | 2,81  | 2,70  | 2,61  | 2,55  | 2,49  | 2,45  | 2,41  | 2,39  | 2,36  | 2,33  |
| 18                     | 4,41  | 3,55   | 3,16  | 2,93  | 2,77  | 2,66  | 2,58  | 2,51  | 2,46  | 2,41  | 2,37  | 2,34  | 2,31  | 2,29  |
| 19                     | 4,35  | 3,52   | 3,13  | 2,95  | 2,74  | 2,63  | 2,54  | 2,48  | 2,42  | 2,39  | 2,34  | 2,31  | 2,28  | 2,25  |
| 20                     | 4,30  | 3,49   | 3,10  | 2,87  | 2,71  | 2,60  | 2,51  | 2,45  | 2,39  | 2,35  | 2,31  | 2,28  | 2,25  | 2,22  |
| 21                     | 4,22  | 3,47   | 3,07  | 2,94  | 2,88  | 2,87  | 2,80  | 2,72  | 2,67  | 2,62  | 2,58  | 2,55  | 2,52  | 2,48  |
| 22                     | 4,20  | 3,44   | 3,05  | 2,83  | 2,66  | 2,65  | 2,48  | 2,40  | 2,34  | 2,30  | 2,28  | 2,22  | 2,20  | 2,15  |
| 23                     | 4,20  | 3,42   | 3,03  | 2,80  | 2,64  | 2,53  | 2,44  | 2,37  | 2,32  | 2,27  | 2,24  | 2,20  | 2,18  | 2,15  |
| 24                     | 4,25  | 3,40   | 3,01  | 2,78  | 2,62  | 2,51  | 2,42  | 2,35  | 2,30  | 2,25  | 2,22  | 2,18  | 2,15  | 2,11  |
| 25                     | 4,24  | 3,39   | 2,99  | 2,78  | 2,63  | 2,49  | 2,40  | 2,34  | 2,28  | 2,24  | 2,20  | 2,18  | 2,14  | 2,09  |

Tabel probit

| %  | Probit |      |      |      |      |      |      |      |      |      |
|----|--------|------|------|------|------|------|------|------|------|------|
|    | 0      | 1    | 2    | 3    | 4    | 5    | 6    | 7    | 8    | 9    |
| 0  | 2,67   | 2,95 | 3,12 | 3,25 | 3,36 | 3,45 | 3,52 | 3,59 | 3,66 |      |
| 10 | 3,72   | 3,77 | 3,82 | 3,87 | 3,92 | 3,96 | 4,01 | 4,05 | 4,08 | 4,12 |
| 20 | 4,16   | 4,19 | 4,23 | 4,26 | 4,29 | 4,33 | 4,36 | 4,39 | 4,42 | 4,45 |
| 30 | 4,48   | 4,50 | 4,53 | 4,56 | 4,59 | 4,61 | 4,64 | 4,67 | 4,69 | 4,72 |
| 40 | 4,75   | 4,77 | 4,80 | 4,82 | 4,85 | 4,87 | 4,90 | 4,92 | 4,95 | 4,97 |
| 50 | 5,00   | 5,03 | 5,05 | 5,08 | 5,10 | 5,13 | 5,15 | 5,18 | 5,20 | 5,23 |
| 60 | 5,25   | 5,28 | 5,31 | 5,33 | 5,36 | 5,39 | 5,41 | 5,44 | 5,47 | 5,50 |
| 70 | 5,52   | 5,55 | 5,58 | 5,61 | 5,64 | 5,67 | 5,71 | 5,74 | 5,77 | 5,81 |
| 80 | 5,84   | 5,88 | 5,92 | 5,95 | 5,99 | 6,04 | 6,06 | 6,13 | 6,18 | 6,23 |
| 90 | 6,28   | 6,34 | 6,41 | 6,48 | 6,55 | 6,64 | 6,75 | 6,88 | 7,05 | 7,33 |
| 99 | 0,0    | 0,1  | 0,2  | 0,3  | 0,4  | 0,5  | 0,6  | 0,7  | 0,8  | 0,9  |
|    | 7,33   | 7,37 | 7,41 | 7,46 | 7,51 | 7,58 | 7,65 | 7,76 | 7,88 | 8,09 |

## CURICULUM VITAE



Nama : Destia Linda Putri  
NIM : 21080041  
Jenis Kelamin : Perempuan  
TTL : Pemalang, 11 Juli 2002  
Alamat : Desa Gendowang dusun Karanganyar RT.03 RW.01, Kec. Moga, Kab. Pemalang  
No. Tlp/HP : 087711416622  
Riwayat Pendidikan  
SD : SDN 01 Gendowang  
SMP : SMPN 1 Moga  
SMK : SMK Amanah Husada Pemalang  
DIII : Politeknik Harapan Bersama Tegal  
Judul KTI : Pengaruh Metode Ekstraksi Terhadap Aktivitas Antioksidan Daun Pepaya Jepang (*Cnidoscolus Aconitifolius*) Dengan Metode Spektrofotometri Uv-Vis  
Nama Ayah : Nasirin  
Nama Ibu : Siti Muhlisoh  
Pekerjaan Ayah : Wiraswasta  
Pekerjaan Ibu : Ibu Rumah Tangga